

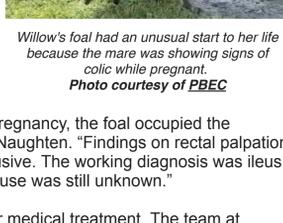
### What's in This Newsletter:

- A Foal's Unconventional Introduction Into the World
- Ringside Essentials: Tips From the Pros
- PBEC as Official Veterinarian of LGCT Miami Beach
- WEF and ESP Winners

## A Foal's Unconventional Introduction Into the World

Colic is every horse owner's worst nightmare, and when the patient is also pregnant, the emergency situation becomes an even bigger challenge for their owner and the team of veterinarians entrusted with their care. In late February of 2022, a pregnant mare named Willow was brought to Palm Beach Equine Clinic (PBEC) by her owner for colic. The team of PBEC veterinarians on this case included Dr. Justin McNaughten, DACT, Dr. Peter Heidmann, DACVIM, and Dr. Elizabeth Barrett, DACVS-LA.

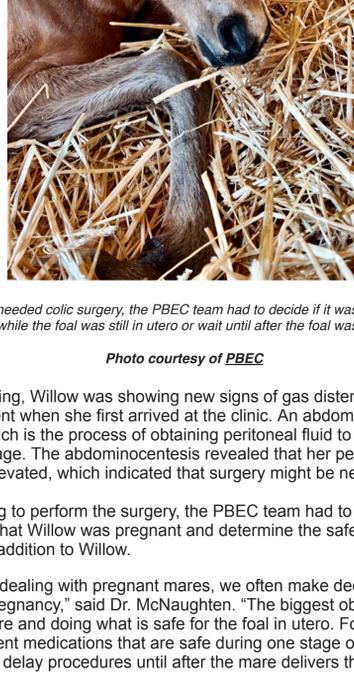
When Willow arrived, she was showing signs of colic and had an elevated heart rate of 120 beats per minute. The veterinarians on her case immediately performed a nasogastric intubation in order to relieve excess gas, fluid, or a possible gastric impaction. Once her stomach was decompressed by the nasogastric intubation, the team continued with the colic workup to find the cause of Willow's discomfort.



Willow's foal had an unusual start to her life because the mare was showing signs of colic while pregnant. Photo courtesy of PBEC

"Since Willow was in the later stage of pregnancy, the foal occupied the majority of the abdomen," explained McNaughten. "Findings on rectal palpation and abdominal ultrasound were inconclusive. The working diagnosis was ileus or decreased gut motility, but the root cause was still unknown."

Willow was fasted as the next part of her medical treatment. The team at PBEC started her on intravenous fluids with prokinetics, electrolytes, and dextrose as a source of nutrition for the foal. Although Willow stayed comfortable overnight, she continued to have small amounts of reflux.



Since Willow needed colic surgery, the PBEC team had to decide if it was best to perform surgery while the foal was still in utero or wait until after the foal was delivered. Photo courtesy of PBEC

The next morning, Willow was showing new signs of gas distention, which were not present when she first arrived at the clinic. An abdominocentesis was performed, which is the process of obtaining peritoneal fluid to assess intestinal damage. The abdominocentesis revealed that her peritoneal fluid values were elevated, which indicated that surgery might be needed.

Before deciding to perform the surgery, the PBEC team had to take into consideration that Willow was pregnant and determine the safest option for the unborn foal in addition to Willow.

"When we are dealing with pregnant mares, we often make decisions based on the stage of pregnancy," said Dr. McNaughten. "The biggest obstacle is trying to treat the mare and doing what is safe for the foal in utero. For example, we may use different medications that are safe during one stage of pregnancy and not another, or delay procedures until after the mare delivers the foal."

[Continue Reading on The Plaid Horse](#)

## Ringside Essentials: Tips From the Pros

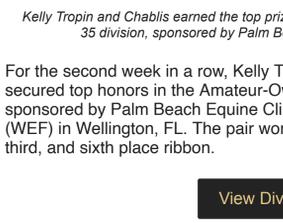


Learn about the important items that Veronica Moreno Farias keeps in her ring bag while working for Rodrigo Pessoa.

Make sure to watch the most recent "Ringside Essentials: Tips From the Pros" presented by Palm Beach Equine Clinic at the Winter Equestrian Festival. Veronica Moreno Farias works for Olympic gold medalist Rodrigo Pessoa. Find out what Farias keeps in her ring bag, why she enjoys working in the equestrian industry, and how she started grooming for Pessoa.

[Watch Here](#)

## Palm Beach Equine Clinic Provides World-Class Care as Official Veterinarian of the Longines Global Champions Tour of Miami Beach

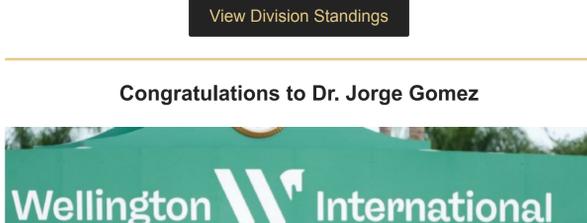


PBEC's Dr. Christina Braun scanning each horse's microchip and checking their temperature before the jog. Photo courtesy of PBEC.

Palm Beach Equine Clinic (PBEC) was the official veterinarian of the Longines Global Champions Tour (LGCT) of Miami Beach, which took place April 14-16, 2022, in Miami, FL. In addition to providing veterinary care during the international show jumping competition, PBEC veterinarians were also in charge of performing FEI Arrival Examinations to ensure each horse had up-to-date vaccinations and showed no signs of illness upon arrival.

[Get a Behind-the-Scenes Look](#)

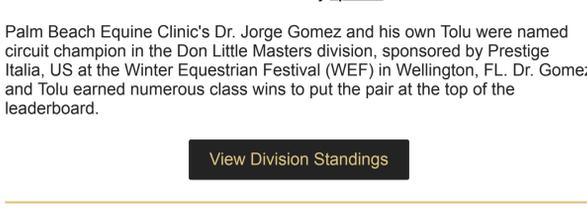
## Congratulations to Kelly Tropin and Circuit Champion



Kelly Tropin and Chablis earned the top prize during WEF 12 in the Amateur-Owner 3'6" 18-35 division, sponsored by Palm Beach Equine Clinic. Photo by Sportfot

For the second week in a row, Kelly Tropin and Libertas Farm LLC's Chablis secured top honors in the Amateur-Owner Hunter 3'6" 18-35 division, sponsored by Palm Beach Equine Clinic, during the Winter Equestrian Festival (WEF) in Wellington, FL. The pair won two classes and also earned a second, third, and sixth place ribbon.

[View Division Results](#)



Callie Seaman and Silver Lining claimed the Amateur-Owner 3'6" 18-35 circuit champion title, sponsored by Palm Beach Equine Clinic. Photo by Sportfot

Callie Seaman and her own Silver Lining earned the circuit champion honors in the Amateur-Owner Hunter 3'6" 18-35 division, sponsored by Palm Beach Equine Clinic, during the Winter Equestrian Festival (WEF) in Wellington, FL. The pair received consistent placings and several championship titles to top the standings with 282 points.

[View Division Standings](#)

## Congratulations to Dr. Jorge Gomez



Dr. Jorge Gomez and Tolu received the circuit champion title in the Don Little Masters division. Photo by Sportfot

Palm Beach Equine Clinic's Dr. Jorge Gomez and his own Tolu were named circuit champion in the Don Little Masters division, sponsored by Prestige Italia, US at the Winter Equestrian Festival (WEF) in Wellington, FL. Dr. Gomez and Tolu earned numerous class wins to put the pair at the top of the leaderboard.

[View Division Standings](#)

## ESP Spring I Medium Amateur/Junior Jumper Champion



Lauren Little and Elina in their winning presentation with Raina Swani aboard Valentino des Bleus. Photo by Sportfot

Lauren Little and Elina, sponsored by Little Brook LLC, secured the classic victory as well as the championship ribbon in the Medium Amateur/Junior Jumper division, sponsored by Palm Beach Equine Clinic, during the 2022 ESP Spring I show in Wellington, FL. Raina Swani piloted Shadowfax Equestrian LLC's Valentino des Bleus to second place in the classic.

[View Division Results](#)

## Palm Beach Equine Clinic Works With AcutePlus



AcutePlus is a veterinary Wellness Membership Plan offered through Palm Beach Equine Clinic. The program is designed to give veterinarian practices a way to create a customized annual plan that they can offer directly to their clients and patients. AcutePlus provides veterinary discounts, equine protection, and equine loss protection.

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